

# ***STAR***

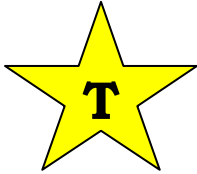
## **Interviewing Response Technique**

For Success in Behavioural Job Interviews



### **SITUATION or TASK**

Describe the situation that you were in or the task that you needed to accomplish. You must describe a specific event or situation, not a generalized description of what you have done in the past. Be sure to give enough detail for the interviewer to understand. This situation can be from a previous job, from a volunteer experience, or any relevant event.



### **ACTION YOU TOOK**

Describe the action you took and be sure to keep the focus on you. Even if you are discussing a group project or effort, describe what you did – not the efforts of the team. Do **NOT** tell them what you might do, tell them what you did.



### **RESULTS YOU ACHIEVED**

What happened? How did the event end? What did you accomplish? What did you learn?